

Urban Immersion Service Retreats

Initially, our retreat features an interactive exercise about the survival choices homeless and working-poor families must make each month. Pay the heating bill or feed the kids? Forgo health insurance to pay the rent and pray no one gets sick? Participants also learn what roles self-worth, chemical dependency, racism, the economy and domestic violence play in poverty and what is being done to break the cycle. Participants are then challenged to reflect on what we, as people of faith, can do. Secondly, we place volunteers in Twin Cities homeless shelters, domestic violence centers, food shelves and affordable housing projects. Finally, our retreat encourages volunteers to apply what they have learned and set tangible goals to affect poverty in their communities.

Spring Weekend Retreats (\$80/participant)

Begin Friday evening and end Sunday morning
Through May 16

Summer Half-Week Retreats (\$160/participant)

Begin Sunday evening and end Wednesday morning, or
begin Wednesday evening and end Saturday morning
June 6 - August 14

Summer Week-Long Retreats (\$240/participant)

Begin Sunday evening and end Saturday morning
June 6 - August 14

To register, send the form below and your deposit to:

Urban Immersion Service Retreats
P.O. Box 7509, Minneapolis, MN 55407

Payment Details:

- \$20/participant deposit for weekend retreats
- \$50/participant deposit for half-week or week-long retreats
- Must be received two months prior to your retreat date
- Non-refundable and non-transferable
- Full payment is required one month prior to your retreat

**For more information, visit urbanimmersion.gmcc.org
or contact Gennae Falconer at gfalconer@gmcc.org or
612-276-1564.**

Contact name: _____

Organization/Group: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: (_____) _____ Fax: _____

Email: _____

Retreat date(s) desired: _____

If returning group, please list dates of previous retreats (month/year): _____

Type of retreat (select one): Weekend Half-Week Week-long Other _____

List the number of participants in each category:

Jr. High: _____ Sr. High: _____ College: _____ Adult: _____

Total Participants _____ x Deposit (\$20 for Weekend or \$50 for Week or Half-Week) = Total Deposit _____

I understand that photographs may be taken of me and members of my retreat group, regardless of age, and those photographs may be used by the news media, and/or in publications and materials to help promote Urban Immersion Service Retreats and/or the Greater Minneapolis Council of Churches.

Signature of adult representing group

Date